

# Behaviour Clinic

One to one parenting ideas & support

Wednesdays 2pm - 4pm

Eating

Bullying

Sibling Rivalry

Potty training

Children's Centre  
Oughton

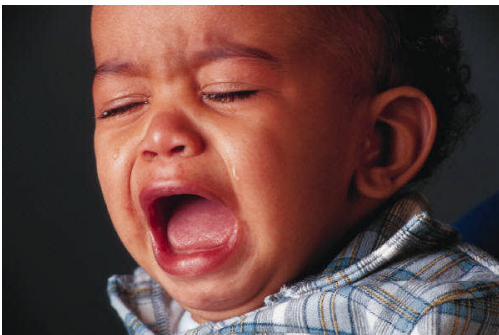
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Mattocke Road, Hitchin, Herts, SG5 2NZ  
Telephone : 01462 456329  
admin.oughton@hertschildrenscentres.org.uk

Temper tantrums

Sleep

Low self-esteem



Members of the Health Visiting & School Health Teams will be there to listen to you and give you advice.

A trained ADHD/ASD Specialist Coach and a Speech and Language Therapist will also be present for some of the sessions.

For further information or to book an appointment please contact Becky Nicholas, Community Development Nursery Nurse on **07785 385 256** or **01462 456329**